

Quest Food Management

002233 - dessert- sugar cookie : nslp	Components	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: #2 Same Day Service Number of Portions: 1 Size of Portion: each	Meat/Alt: Grains: 0.75 oz Fruit: Vegetable: Milk:				? - Milk ? - Egg ? - Peanut ? - Tree Nut ? - Fish ? - Shellfish ? - Soy ? - Wheat

Ingredients	Measures	Instructions
903703 dessert- sugar cookie gfs 223867...	1 each	

*Nutrients are based upon 1 Portion Size (each)

Calories	121 kcal	Cholesterol	5 mg	Sugars	10.1 g	Calcium	0.00 mg	37.50%	Calories from Total Fat
Total Fat	5.06 g	Sodium	106 mg	Protein	1.01 g	Iron	0.36 mg	18.75%	Calories from Saturated Fat
Saturated Fat	2.53 g	Carbohydrates	18.22 g	Vitamin A	303.7 IU	Water ¹	0.00 g	0.00%	Calories from Trans Fat
Trans Fat ²	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.0 mg	Ash ¹	0.00 g	60.00%	Calories from Carbohydrates
								3.33%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

223867 - DOUGH CKY SGR 320-1Z OTIS



General

Nutrition

Product Image



Based on: As Purchased

Rounding: Off



Description: AP Cookie Dgh, Sugar, Frzn 1 oz

Ingredients: For ingredient or allergen information, please contact: Otis Spunkmeyer, ph... [More](#)

Nutritional Information			
Serving Size: 1 each (28 g)			
Amount Per Serving:			
Calories	120	Calories From Fat:	45
		% Daily Value	
Total Fat	5 g		8%
Saturated Fat	2.5 g		13%
Trans Fat	0 g		
PolyUnSat	n/a		n/a
MonoUnSat	n/a		n/a
Cholesterol	5 mg		2%
Sodium	105 mg		4%
Potassium	15 mg		0%
Total Carbs	18 g		6%
Dietary Fiber	0 g		0%
Sugars	10 g		n/a
Protein	1 g		2%
Vitamin A -	6%	Vitamin C -	0%
Calcium -	0%	Iron -	2%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

School Equivalents	
Child Nutrition Label	No
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Bread	n/a
Updated for New Final Rule	
Meat/Meat Alternate	n/a
Grain/Bread	n/a
Fruit	n/a
Vegetable:	
Red/Orange	n/a
Dark Green	n/a

Fat Soluble Vitamins	
Vitamin D	n/a
Vitamin D	n/a
Vitamin E	n/a
Vitamin K	n/a
Vitamin A	300 IU
Vitamin A	n/a

Minerals	
Phosphorus	20 mg
Zinc	0 mg
Magnesium	0 mg

Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	
n/a	

Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	.36 mg
Manganese	n/a
Iodine	n/a

Water Soluble Vitamins	
Thiamin B1	.09 mg
Riboflavin B2	.068 mg
Niacin B3	.8 mg
Pyridoxine B6	n/a
Cobalamin B12	n/a
Pantothenic Acid	n/a
Vitamin C	0 mg
Folic Acid	16 mcg

Ingredients	<p>For ingredient or allergen information, please contact: Otis Spunkmeyer, phone: (888) 275-6847/web page: www.spunkmeyer.com. Manufacturer number: 58104. Nutrition updated September 2013. The nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Back</p>
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